

Link4Life Club Directory

Angling

Absolute Angling Middleton

Contact: Garry Leigh
Mobile: 07853 128741
Email: cerys.leigh@ntlworld.com
Member Category: Adults & Juniors
Accreditation: Working Towards

Castleton Angling Club

Contact: John Hooper
Tel: 01706 632598
Mobile: 07835 325243
Member Category: Adults & Juniors

Dunlop Angling

Contact: Larry Hazeldine
Tel: 0161 633 7871
Mobile: 07860 735907
Email: larryhazeldine@hotmail.com
Member Category: Adults & Juniors Accreditation:

Heywood Angling Society

Contact: Jim Ridley
Tel: 01706 691001
Mobile: 07905 906261
Email: jimibob1@hotmail.co.uk
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Silver

Newhey and District Angling Society

Contact: Michael Glynn
Tel: 01706 630583
Mobile: 07542 555747
Email: michael-glynn@tiscali.co.uk
Member Category: Adults & Juniors

Rochdale and District (Castleton) Angling

Contact: Tom Meyrick
Tel: 01706 650549

Website: Adults & Juniors

Archery

Assheton Bowmen Archery

Contact: David Burgess

Tel:

Email: secretary@asshetonbowmen.com

Member Category: Adults & Juniors

Rochdale Company of Archers

Contact:

Mobile: 07764 664 060

Email: membership@rochdalecompanyofarchers.com

Website: www.rochdalecompanyofarchers.com

Member Category: Adults & Juniors

Accreditation: Clubmark, Springboard Gold

Athletics

Middleton Harriers

Contact: Peter Gilligan

Tel: 0161 643 3069

Email: petergilligan@hotmail.co.uk

Website: www.middletonharriers.co.uk

Member Category: Adults & Juniors

Accreditation: Springboard Silver

Rochdale Harriers and AC

Contact: Duncan Whitehead

Mobile: 07966 289558

Email: djswhitehead@hotmail.com

Website: www.rochdaleharriers.co.uk

Member Category: Adults & Juniors

Accreditation: Springboard Silver

Badminton

Balderstone Badminton

Contact: Tony Kelly
Mobile: 07929 230860
Member Category: Adults & Juniors

Rochdale Junior Badminton Club

Contact: Rodney Stanley
Tel: 01706 641796
Mobile: 07968 290989
Email: rodneystanley22@gmail.com
Website: www.rochdalejuniorbadmintonclub.co.uk
Facebook: www.facebook.com/rochdalejuniorbadmintonclub
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Springhill Badminton Club

Contact: Mohammed Zarafat
Tel: 01706 927282/6589865
Mobile: 07940 070459
Email: mohammed.zarafat@rochdale.gov.uk
Member Category: Adults & Juniors
Accreditation: Springboard Bronze

Basketball

Cardinal Langley Basketball Club

Contact: Steve Lavalee
Tel: 01706 367954
Mobile: 07711 579173
Email: lavalleefamily@btinternet.com
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Rochdale Rockets

Contact: Dean Sorah
Mobile: 07875 042879
Email: dean.sorah@link4life.org
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Boccia

Rochdale Boccias

Contact: Graeme Hill
Tel: 01706 926203
Mobile: 07976 059536
Email: graeme.hill@link4life.org
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Boxing

Boarshaw Police Boxing Club

Contact: Ben Lancaster
Tel: 0161 6531128
Email: benlancaster70b@hotmail.com
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Darnhill Boxing Club

Contact: Arthur Gardiner
Mobile: 07771 882251

Hamer Amateur Boxing Club

Contact: Steve Connellan
Mobile: 07719 883088
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Middleton Select Amateur Boxing Club

Contact: Martyn Lynch
Mobile: 07742 248912
Email: middletonselect@hotmail.co.uk
Member Category: Adults & Juniors

Syke Amateur Boxing Club

Contact: Gary White
Tel: 01706 346666
Mobile: 07790 480653
Email: inthering67@hotmail.com
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Canoeing and Kayaking

Hollingworth Lake Water Activity Centre

Hollingworth Lake Water Activity Centre offer a variety of watersports including sailing, kayaking, canoeing, powerboating and windsurfing as well as outdoor activities including rock climbing and mountain biking.

Contact: Gary Butler
Tel: 01706 370499
Email: holwac@link4life.org
Website: www.link4life.org/holwac
Member Category: Adults & Juniors
Accreditation: Springboard Bronze

Follow this link to the [Hollingworth Lake Water Activity Centre](#) section.

Cheerleading

Borough Cheer Club

Contact: Tracy Ray
Mobile: 07787 198392
Member Category: Adults & Juniors

Langley Skylights+Adult Dance

Contact: Georgina Jacques
Tel: 0161 643 0581
Mobile: 07872 332628
Email: info@langleytheatreworkshop.co.uk
Member Category: Adults & Juniors

Circus Skills

Skylight Circus Arts

Tel: 01706 650676
Email: office@skylightcircusarts.com
Website: www.skylightcircusarts.com
Member Category: Children, Young People and Adults (incl provision for people with disabilities).

Cricket

Bamford Fieldhouse Cricket Club

Contact: Martin Wolfenden
Tel: 01706 521454
Mobile: 07751 153865
Email: martin@spring-hill-lodge.com
Website: Bamford Fieldhouse CC
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Bronze

Heywood Cricket Club

Contact: Gwen Edwards
Tel: 01706 621710
Mobile: 07884 372490
Email: gwen.edwards@hotmail.co.uk
Website: www.heywoodcc.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark

Littleborough Cricket Club

Contact: Glen Kershaw
Tel: 01706 378216
Mobile: 07932 212302
Email: admin@littleboroughcc.com
Website: www.littleboroughcc.com
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Middleton Cricket Club

Contact: Elaine Roydes
Tel: 0161 643 2558
Mobile: 077995 77002
Email: elaine.roydes@btinternet.com
Website: www.middletoncc.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Milnrow Cricket Club

Contact: Gareth Brown
Tel: 01706 375173
Mobile: 07725 547359
Email: garrethbrown@hotmail.com
Website: www.milnrowcc.com

Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Norden Cricket Club

Contact: Andy Harrison
Email: ajhaeh@aol.com
Website: www.nordencricketclub.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark

Rochdale Catholic Cricket Club

Contact: Mark Willmore
Mobile: 07786 662114
Email: markwillmore@btinternet.com
Member Category: Adults & Juniors
Accreditation: Clubmark

Rochdale Cricket Club

Contact: Geoff Brown
Tel: 01706 624484
Email: geoffandmaureen@googlemail.com
Website: www.rochdale.play-cricket.com
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Spotland Cricket Club

Contact: Mohammed Hussain
Mobile: 07917 031396
Email: ulhassan87@hotmail.com
Member Category: Adults
Accreditation: Springboard Silver

Thornham Cricket Club

Contact: Ian Heywood
Mobile: 07811 244748
Email: ianheywood1961@btinternet.com
Website: www.thornhamcricket.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Walsden Cricket Club

Contact: Colin Greenwood
Mobile: 07779 144575
Email: wcolingreenwood4@btopenworld.com

Website: [Walsden Cricket & Bowling Club](#)
Member Category: Adults & Juniors
Accreditation: Clubmark

Crown Green Bowls

Ash A Crown Green Bowls

Contact: Phil Harvey
Mobile: 07887 864036
Member Category: Juniors + Adults
Accreditation: Working Towards

Ash B Crown Green Bowls

Contact: Dot Graham
Tel: 0161 653 1072
Member Category: Adults + Juniors
Accreditation: Working Towards

Chesham Park Crown Green Bowls

Contact: Damien Chadwick
Mobile: 07980 284677
Member Category: Adults & Juniors
Accreditation: Working Towards

Heywood Queen's Park Crown Green Bowls

Contact: Rodney Fowler
Tel: 01706 659453
Email: r.fowler357@btinternet.com
Member Category: Adults & Juniors

King George VI Crown Green Bowls

Contact: Michelle Kenyon
Mobile: 07887 873903
Email: michkenyon@hotmail.co.uk
Member Category: Adults + Juniors
Accreditation: Working Towards

Limetrees Crown Green Bowls

Contact: Peter McCabe
Tel: 0161 653 4584
Mobile: 07747 675817
Member Category: Adults & Juniors
Accreditation: Working Towards

Middleton League Chair Crown Green Bowls

Contact: Bob Bowers
Tel: 0161 2872892
Mobile: 07765 551628

Member Category: Adults

Millbeck Crown Green Bowls

Contact: Ron Donald
Mobile: 07873 407670
Email: ron.donald@hotmail.co.uk
Member Category: Juniors
Accreditation: Working Towards

Milnrow Memorial Park

Contact: Barclay Warrington
Tel: 01706 527762
Mobile: 07789 550498
Email: warrington68@googlemail.com
Member Category: Adults & Juniors

Rochdale Junior Bowls League

Contact: Tim Rothwell
Tel: 01706 653472
Email: tim.rothwell@googlemail.com
Member Category: Junior
Accreditation: Working Towards

Rochdale League Chair

Contact: Tom Belfield
Tel: 01706 661207
Mobile: 07903 040259
Email: tom.belfield@sky.com
Member Category: Adults & Juniors
Accreditation: Working Towards

Rochdale League Secretary

Contact: Tim Rothwell
Tel: 01706 653472
Email: tim.rothwell@googlemail.com
Member Category: Adults
Accreditation: Working Towards

Syke Bowling Club

Contact: Ted Mitchell
Tel: 01706 640505
Email: mtfr6@aol.com
Member Category: Adults

Cycling

ABC Centreville

Contact: Dave Grogan
Tel: 01706 357113
Email: katherinehill@btinternet.com
Website: www.centreville.org.uk
Member Category: Adults & Juniors

Rochdale Cycling Club

Contact: Andrew Whittaker
Mobile: 01706 644944
Email: rochdalecycleclub@hotmail.co.uk
Website: www.rochdalecyclingclub.org.uk
Member Category: Adults & Juniors, Disability
Accreditation: Springboard Bronze

Trans Pennine Cycling Club

Contact: Eric Hough
Mobile: 07875 719256
Member Category: Adults & Juniors
Email: eric.hough@hotmail.co.uk
Website: www.transpenninecc.com

Roch Valley Raiders (Heywood) BMX

Contact: Yvonne Mills
Mobile: 07954 413061
Email: heywoodbmx@live.co.uk
Website: www.rochvalleyraiders.co.uk
Member Category: Adults & Juniors
Accreditation: Springboard Silver

Hollingworth Lake Water Activity Centre

Contact: Gary Butler
Tel: 01706 370499
Email: holwac@link4life.org
Website: www.link4life.org/holwac
Member Category: Adults & Juniors
Accreditation: Springboard Bronze
Follow this link to the [Hollingworth Lake Water Activity Centre](#) section.

Dance

JD Dance Academy

Contact: Dawn Jackson
Tel: 01706 521852
Website: www.jd-danceclub.co.uk
Member Category: Adults & Juniors

Langley Skylights + Adult Dance

Contact: Georgina Jacques
Tel: 0161 643 0581
Mobile: 07872 332628
Email: info@langleytheatreworkshop.co.uk
Member Category: Adults & Juniors

MBM Academy

Contact: Laura Copeland
Tel: 01706 640073/640084
Mobile: 0781 8044088
Email: laura@talent-uk.com
Website: [MBM Academy](#)
Member Category: Adults & Juniors
Accreditation: Springboard Silver

Middleton Popstars

Contact: Ann Marshall
Tel: 0161 653 7747
Email: popstars@btinternet.com
Member Category: Adults & Juniors
Accreditation: Springboard Bronze

Spiral Dance

Contact: Faye Rettie
Tel: 01706 644433
Website:
Member Category: Adults & Juniors

St Thomas More Amateur Dramatics

Contact: Pat Smithies
Mobile: 01706 646832
Member Category: Adults & Juniors

Turners Dance Centre

Contact: Steve & Stephanie Jones
Tel: 01706 645909/665353
Email: steve.stefjones@gmx.com
Website: [Turners Dance Centre](#)
Member Category: Adults & Juniors

Football

Abacus Media

Contact: None available
Member Category: Adults

Abraham Moss

Contact: None Available
Member Category: Adults

AC Pumas

Contact: None Available
Member Category: Adults

Alkington Dynamos

Contact: Mike Farrell
Tel: 0161 6435184
Mobile: 07949 105401
Email: faz58@aol.com
Website: Accrington Dynamos
Member Category: Adults & Juniors

Athletico Bil Bowen

Contact: David Bowen
Tel: 0161 653 8734
Mobile: 07828 548769
Email: daviddgbowen@live.co.uk
Member Category: Adults

Bowlee Juniors

Contact: Simon Faulkner
Tel: 0161 654 0943
Mobile: 07949 591972
Email: hf_1993@hotmail.co.uk
Member Category: Juniors
Accreditation: Working Towards

Bridge JFC

Contact: Barry Woodburn
Tel: 01706 368679
Mobile: 0779 6641300
Email: bridgejfc@gmail.com
Website: www.bridgejfc.co.uk
Member Category: Adults & Juniors
Accreditation: Charter Standard, Springboard Gold plus

Broadway Celtic Returns

Contact: Martin Jones
Tel: 0161 2842413
Mobile: 07792 173181
Member Category: Adults

Cardinal Villa

Contact: None Available
Member Category: Adults

Castleton FC

Contact: Thomas Brogan
Mobile: 07745 055949
Member Category: Adults

Castleton Gabriels

Contact: Paul Williams
Mobile: 07590 655367
Member Category: Adults & Juniors

Clarence Athletic

Contact:
Tel:
Mobile:
Email:
Member Category: Adults
Accreditation: Charter Standard, Springboard Gold

Copper Pot

Contact: Steve Ronan
Tel: 01706 661356
Mobile: 07549 568836
Email: steveronan@hotmail.co.uk
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Silver

Cronkeyshaw

Contact: Barry Storey
Tel: 01706 341528
Member Category: Junior

Crown & Shuttle FC

Contact: Paul Bamford
Tel: 01706 646303
Member Category: Adults

Crown FC

Contact: Dean Hardman

Mobile: 07841 333540
Member Category: Adults

DC United

Contact: Mark Furlong
Mobile: 07725 341442

Dicken Green

Contact: Ryan Higginbotham
Mobile: 07960 305745

Dog Inn FC

Contact: Peter Hutton
Mobile: 07772 456002
Member Category: Adults

Donkey Dodgers FC

Contact: Andrew Bamford
Tel: 01706 645292
Member Category: Adults

Duke of Wellington FC

Contact: Andy Renny
Mobile: 07967 001542

Falconers FC

Contact: Paul Killion
Mobile: 07841 877989
Member Category: Adults

FC Bernard

Contact: Stephen Hart
Mobile: 07838 166383
Member Category: Adults

FC Dale

Contact: Chris Taylor
Mobile: 07792 474573
Member Category: Adults

Firwood Church FC

Contact: Stephen Evans
Mobile: 07595 480072
Member Category: Adults

Floorform (NW) FC

Contact: J Chorlton

Tel: 0161 2025694
Member Category: Adults

Fothergill Falcons

Contact: Lesley Ashurst
Mobile: 07923 108162
Member Category: Junior
Accreditation: Working Towards, Springboard Bronze

Gallows FC

Contact: Karl Kapler
Mobile: 07824 352971

Gardeners Arms FC

Contact: Jim Wren
Tel: 0161 2871200
Mobile: 07801204125
Member Category: Adults

Gardeners Arms FC

Contact: Gordon Diggle
Tel: 0161 6534261

Gardeners Rhodes

Contact: Michael Banks

Gaskell Jnrs

Contact: None Available

Gaskell Rangers

Contact: Brian McCall
Mobile: 07920 521066
Member Category: Juniors

Heywood Rangers

Contact: Phil Rostron
Mobile: 07703 131095
Member Category: Juniors

Heywood Rangers U17s

Contact: Dean Watson
Mobile: 07979 382648
Member Category: Juniors

Heywood St James

Contact: Robert Dyson

Mobile: 07929 915828
Member Category: Adults

Highfield FC & Reserves

Contact: Robert Mills
Tel: 01706 766715
Mobile: 07790 601068
Member Category: Adults

Hooley Bridge Celtic FC

Contact: Nathan Loeb
Tel: 01706 366093
Mobile: 07773 390712
Member Category: Adults

Hopwood Juniors

Contact: Craig Sharrock
Tel: 0161 681 3293
Mobile: 07917 647260
Email: craig.sharrock@simsmm.com
Member Category: Juniors

Horse & Farrier FC

Contact: Andrew Bamford
Tel: 01706 645292

Inter Alliance FC

Contact: Craig Wood
Member Category: Adults

Italia FC

Contact: Mark Kitchen
Tel: 01706 353174

Lancashire Fold AFC

Contact: Simon Rother
Mobile: 07903 558343

Langley Rangers FC

Contact: Nick Strowger
Mobile: 07903 558343
Member Category: Adults

Lawless FC

Contact: None Available
Member Category: Adults

Littleborough Jnrs CWO

Contact: Lee Chadwick
Mobile: 07810 056894
Member Category: Juniors
Accreditation: Charter Standard, Springboard Gold

Littleborough Jnrs SEC

Contact: Claire O'Brien
Mobile: 07983 996409
Member Category: Juniors
Accreditation: Working Towards

MBC Rangers

Contact: None Available
Member Category: Adults

Meadway JFC

Contact: Lionel Banham
Tel: 01706 669508
Mobile: 07872 183868
Member Category: Juniors

Meanwood

Contact: Michael McHale
Tel: 01706 654219
Mobile: 07960 658547
Email: michaelmchale06@aol.com
Member Category: Juniors
Accreditation: Working Towards

Middleton Athletic Girls

Contact: Carrol Booth
Mobile: 07845 688287
Email: accountswork4u@hotmail.co.uk
Website:
Member Category: Juniors
Accreditation: Charter Standard, Springboard Gold

Middleton Boys and Girls

Contact: Alan Smith
Tel: 01925 418 811
Mobile: 07924 443 598
Member Category: Juniors

Middleton Colts

Contact: Derek Lever
Tel: 0161 6535844

Mobile: 07795 480624
Member Category: Juniors
Accreditation: Charter Standard, Springboard Gold

Middleton Lads and Girls

Contact: Steve Epstein
Tel: 0161 653 1577
Mobile: 07955 421807
Email: m.walsh74@hotmail.co.uk
Member Category: Juniors
Accreditation: Charter Standard, Springboard Gold

Newtown FC

Contact: Karl Kapler
Tel: 01706 354510
Member Category: Adults

Odd Fellows FC

Contact: Helen Lewis
Tel: 0161 654 9194
Member Category: Adults

Old Boars Head FC

Contact: M Grainger
Mobile: 07871 308294
Member Category: Adults

Old Bricklayers FC

Contact: Barry Storey
Tel: 01706 341528
Member Category: Adults

Old Cock

Contact: Kevin Prince
Tel: 0161 284 5696
Mobile: 07882 937141
Member Category: Adults

Old Davids

Contact: David Jones

Our Ladys

Contact: None Available
Member Category: Adults

Pennine Juniors

Contact: Dave Symonds
Member Category: Juniors

Accreditation: Working Towards

PG Sports in Comm

Contact: Phil Gallimore
Tel: 0161 643 4907
Member Category: Adults & Juniors

Pleasant Inn FC

Contact: Chris O'Connor
Tel: 01706 880910
Member Category: Adults

Queensway FC

Contact: Mary McEvoy
Mobile: 07947 883120
Email: mary.mcevoy@rochdale.gov.uk
Member Category: Juniors

Redwood Ability Counts

Contact: Garry Smith
Mobile: 07918 176917
Member Category: Juniors

Roach Dynamos

Contact: Gary Cain
Mobile: 07966514908
Member Category: Adults & Juniors
Accreditation: Charter Standard, Springboard Gold

Roca Juniors

Contact: Faisal Khan
Mobile: 07970 954773
Member Category: Juniors

Rochdale & District Sunday Football League

Contact: Andy Palombo
Tel: 01706 655495
Mob: 07540 884796

Rochdale & Oldham Youth Football League

Contact: Phil Culley
Mobile: 07766 337738

Rochdale Asia FC

Contact: Rais Bhatti
Mobile: 07976 879026
Email: r.bhatti@yewtree.oldham.sch.uk

Rochdale FC Football in the Community

Contact: Keith Hicks
Mobile: 07958 593121
Member Category: Juniors
Accreditation: Working Towards

Rochdale Ladies and Girls FC

Contact: Jane Pearson
Tel: 01706 367796
Member Category: Adults & Juniors
Accreditation: Working Towards

Rochdale Nomads FC

Contact: Michael Thomas
Mobile: 07887 596551
Member Category: Adults

Rochdale On-line Alliance Football League

Contact: Mike Willmore, League Secretary
Tel: 01706 350897
Mob: 07793 725952
Email: mikewillmore@me.com

Rochdale Sacred Heart

Contact: Jim Dunne
Tel: 01706 525966
Mobile: 07736 168091
Email: james.dunne@btconnect.com
Member Category: Juniors

Rochdale St Clements Jnr

Contact: David Bolton
Tel: 07900 278250
Mobile: 01706 711538
Email: dab0112@gmail.com
Member Category: Juniors

Rochdale St Clements Snr

Contact: Anthony Hardman
Mobile: 07764 408247
Email: hardmana@boltonscaffolding.co.uk
Member Category: Adults

Rochdaliens Vets Team

Contact: Mark Wilson
Tel: 01706 632760

Mobile: 07954 281877
Member Category: Adults

Rochdaliens Youth

Contact: Mark Wilson
Tel: 01706 632760
Mobile: 07954 281877
Member Category: Juniors

Royal Exchange FC

Contact: Craig Burrill
Member Category: Adults

Santoss FC

Contact: John Bland
Member Category: Adults & Juniors

Shawclough

Contact: Andy Perrins
Tel: 01706 673131
Email: mattperrins_6@hotmail.com
Member Category: Juniors

Smallbridge

Contact: Andy Brierley
Tel: 01706 665546
Mobile: 07766 493576
Email: amybrierley28693@hotmail.co.uk
Member Category: Juniors

Soccer Dynamos

Contact: Jacqui Licata
Tel: 01706 526637
Mobile: 07504 955009
Email: jacqui.licata@ntlworld.com
Member Category: Juniors

Soccerworld

Contact: Wayne King
Mobile: 07957 561223
Email: waynelisa.6kids@yahoo.co.uk
Member Category: Juniors

St Peters Old Boys

Contact: None Available
Member Category: Adults

Star FC

Contact: Stuart Wilson
Mobile: 07917 133996

Super Spartans

Contact: John Nugent
Mobile: 07515 649974
Member Category: Adults

Syke

Contact: Louise Meek
Mobile: 07813 655026
Member Category: Adults

Todmorden Wellington

Contact: Joenie Connor
Mobile: 07540 832798
Member Category: Adults

Turks Head FC

Contact: Chris Almond
Mobile: 07734 247104
Member Category: Adults

United JFC

Contact: Dave Griffin/Marcus Pearson
Mobile: 07931 326 164
Email: secretary@unitedjfc.co.uk
Member Category: Juniors

Waggon Athletic FC

Contact: Andrew Perrin
Mobile: 07787 127925
Member Category: Adults

Wardle and Smithybridge

Contact: Dianne Nugent
Tel: 01706 630679
Mobile: 07515 649 974
Member Category: Juniors
Accreditation: Working towards

Wardle FC

Contact: Elaine Woolrych
Tel: 01706 376957
Mobile: 07916 307268
Email: mcloughlin-6@tiscali.co.uk

Member Category: Juniors
Accreditation: Working Towards

Wardle Warriors

Contact: Craig Kershaw
Tel: 01706 371018
Mobile: 07770 781110
Email: kershaw-c@sky.com
Member Category: Juniors
Accreditation: Working Towards

Wardleworth

Contact: Zahid Hussain
Mobile: 07595 187177
Member Category: Juniors

Waterfold Warriors FC

Contact: Scott Moran
Tel: 01706 655608
Member Category: Juniors

Weavers Arm FC

Contact: Steven Rowan
Mobile: 07549 568836
Member Category: Adults

Whitworth

Contact: Danny O'Malley
Tel: 01706 861045
Mobile: 07967 865597
Email: dannyomalley@btinternet.com
Member Category: Juniors
Accreditation: Charter Standard

Woolpack AFC

Contact: Richard Brown
Mobile: 07711 996520
Member Category: Adults

Woolworth Sports FC

Contact: Adrian Robinson
Mobile: 07749 482011
Member Category: Adults

Goalball

Rochdale Goalball

Contact: Dave Potter
Tel: 01706 926400
Mobile: 077759 84099
Email: info@rochdalegoalball.co.uk
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Golf

Marland GC

Contact: Pred Roberts
Tel: 01706 922123 or 07812223275
Email: pred.roberts@link4life.org
Website: www.link4life.org/marlandgolf
Member Category: Adults & Juniors
Accreditation: Springboard Silver

Gymnastics

Heywood Sparks Gymnastics Club

Contact: Steve Halliwell
Mobile: 01706 362888
Email: alexelka@btinternet.com
Member Category: Juniors

Middleton Gymnastics

Contact: Glenn Prendergast
Tel: 0161 643 0547
Mobile: 07784 692866
Email: glenn@middletongymnasticsclub.co.uk
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Rochdale Olympic Gymnastics Club

Contact: David Elcock/Julia Block
Tel:
Email: juliaeb@tiscali.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Rochdale SMSC Universal Gymnastics

Contact: Richard Scott

Mobile: 07871 823996
Email: universalgymnasticsclub@hotmail.co.uk
Member Category: Juniors

Handball

North East Manchester Meercats Handball

Contact: Sue Whitehead
Tel: 01706 362257
Mobile: 079664 73845
Email: whiteheads@siddalmoor.rochdale.sch.uk
Member Category: Juniors

Hockey

Heywood Hawks Hockey

Contact: None Available
Member Category: Adults

Rochdale Jnr & Ladies Hockey

Contact: Susan Halpin
Tel: 01706 633072
Mobile: 07961 355747
Email: susan.halpin@sky.com
Member Category: Juniors

Rochdale Mens Hockey

Contact: Imran Ansari
Mobile: 07976 356236
Email: imran@tjref.co.uk
Member Category: Adults

Rocket Men Hockey

Contact: None Available
Member Category: Adults

Saddleworth Ladies Hockey

Contact: Jenny Gree
Mobile: 07740 865345
Member Category: Adults

Horseriding

Birtle Competition & Riding School

Contact: Sally Ashworth
Tel: 0161 764 6573
Email: conk@hotmail.co.uk
Website: www.birtleridingcentre.co.uk
Member Category: Adults & Juniors

Dickey Steps Riding School

Contact: Stephanie Mills
Tel: 01706 373919
Email: stephanie.mills@zen.co.uk
Website: www.dickeysteps.com
Member Category: Adults & Juniors

Jiu Jitsu

Cobra Kai

Contact: Dave/Julie Martin
Mobile: 07790 150810
Email: cobrakai@sky.com
Member Category: Adults & Juniors

Rocha Jiu-Jitsu Academy

Contact: Kamil Tomaszewski
Mobile: 07889 790511
Website: www.rochdalebjj.co.uk/
Member Category: Adults & Juniors

Rochdale Myabi Ryu Ju Jitsu

Contact: Bob Selisny
Tel: 0161 740 8702
Mobile: 07980 002307
Email: bsquash@gmail.com
Member Category: Adults & Juniors
Accreditation: Working Towards

Judo

Oulder Hill Judo Club

Contact: Simon Jackson
Tel: 07740 150073
Mobile: 07729 618147

Email: simonjacksonmbe@hotmail.co.uk
Website: www.judojackson.co.uk
Member Category: Juniors (5-16 yrs old_

Rochdale Judo Club

Contact: Warren Schofield
Tel: 01706 877834
Mobile: 07527 861928
Email: warren.schofield@orange.net
Website: www.rochdale-judoclub.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Karate

Heywood Goju Ryu

Contact: Sensei Simon Brierley
Mobile: 07584 422980
Email: 4thsimon@googlemail.com
Website: www.heywoodgojuryu.co.uk
Member Category: Adults & Juniors 6 yrs+

Heywood Rendo Kai

Contact: Marc Leacock
Tel: 01706 369976
Mobile: 07877 081101
Email: marcleacock@yahoo.co.uk
Member Category: Adults & Juniors

Kaizendo Karate

Contact: Dervish Dervish
Mobile: 07739 746836
Email: team@kaizendokarate.com
Website: www.kaizendokarate.com
Member Category: Adults & Juniors
Accreditation: Springboard Gold

Lotus Karate

Contact: Liz Davies
Tel: 01706 343279
Mobile: 07901 580102
Email: liz.davies@lotusdefencekaratedo.co.uk
Website: lotuskaratedo.wordpress.com

Member Category: Adults & Juniors
Accreditation: Springboard Silver

RedTiger

Contact: None Available
Member Category: Adults & Juniors

Saxon Karate

Contact: Leigh Smith
Mobile: 07836 778821
Email: saxonkarate@sky.com
Member Category: Adults & Juniors
Accreditation: Springboard Silver

The DOJO Karate Centre

Contact: Irfan Ansari
Tel: 01706 620593
Mobile: 07974 723365
Email: info@thedojo.net
Member Category: Adults & Juniors

Lacrosse

Rochdale Lacrosse Club

Contact: Alan Collingwood
Mobile: 0796 8903863
Email: allan22@uku.co.uk
Website:
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Multisport

Littleborough Sports Club

Contact: Brian Hurst
Tel: 0161 6821867
Mobile: 07947 500956
Email: brian_hurst@btinternet.com
Member Category: Adults & Juniors
Accreditation: Springboard Gold

Norden Multi Sports

Contact: Clive Wilson
Tel: 01706 657485
Mobile: 07763 004178
Email: clive.wilson15@btinternet.com
Member Category: Adults & Juniors

Rochdale Multi Sports Disability

Contact: Joy Gerber
Mobile: 07773 25895
Email: joy-gerber@raddag.org
Member Category: Adults & Juniors

Netball

Bowlee Park Ladies

Contact: Sarah Shard
Mobile: 07976 498 629
Email: sarah.shard@link4life.org
Member Category: Adults

Rochdale Junior Netball

Contact: Angela Jagger
Tel: 01706 649275
Mobile: 07790 788661
Email: angelajagg@talktalk.net
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Ultimo Rochdale Netball

Contact: Sarah Finnerty
Mobile: 07866 941061
Email: sfinnerty@live.co.uk
Member Category: Adults

Rock Climbing

Climb Rochdale

Contact: Ian Dunn
Tel: 01706 524450
Mobile: 07776 187875

Website: www.climbukltd.com

Member Category: Adults & Juniors

Hollingworth Lake Water Activity Centre

Contact: Gary Butler

Tel: 01706 370499

Email: holwac@link4life.org

Website: www.link4life.org/holwac

Member Category: Adults & Juniors

Follow this link to the [Hollingworth Lake Water Activity Centre](#) section.

Roller Skating

Rainy City Rollergirls

Contact: Nichola Reid

Mobile: 07812 795758

Email: psycho-delia@hotmail.com

Member Category: Adults & Juniors

Rounders

Rochdale Ladies Rounders League

Contact: Beryl Birch

Tel: 01706 654639

Member category: Adults & Juniors

Rowing

Hollingworth Rowing

Contact: Monica Walczak

Mobile: 01706 359612

Member Category: Adults & Juniors

Accreditation: Clubmark, Springboard Gold

Rugby League

Littleborough Hillside Ladies RFC

Contact: Brian Hurst

Tel: 0161 6821867

Mobile: 07947 500956

Email: brian_hurst@btinternet.com
Member Category: Juniors
Accreditation: Working Towards

Littleborough United Norwest Co-op ARLFC

Contact: Rob Rigby
Tel: 01706 379734
Mobile: 07803 921912
Email: info@littleboroughjarlfc.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Milnrow Cobras ARLFC

Contact: Colette Cumiskey
Tel: 01706 655020
Mobile: 07951 443928
Email: cumiskey7@aol.com
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Rochdale Cobras ARLFC

Contact: Ben Boothman
Tel: 01706 646412
Mobile: 07929 153 535
Email: ben.boothman@yahoo.co.uk
Member Category: Juniors
Accreditation: Working Towards

Rochdale Hornets RLFC

Contact: Mike Banks
Email: mike.banks@hornetsrugbyleague.com
Member Category: Juniors
Accreditation: Working Towards

Rochdale Mayfield ARLFC

Contact: Paul Forsyth Scanlon-Wells
Tel: 0161 284 5712
Mobile: 07988 781849
Email: forsyth69@hotmail.com
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold plus

Whitworth Spartans ARLFC

Contact: Peter Whitehead
Tel: 01706 643 873
Mobile: 07889 645 257
Email: peterandgailw@googlemail.com
Member Category: Juniors

Accreditation: Working Towards

Rugby Union

Littleborough RUFC

Contact: Brian Hurst
Tel: 0161 6821867
Mobile: 07947 500956
Email: brian_hurst@btinternet.com
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Rochdale RUFC

Contact: Steve Blackburn
Mobile: 07718 365388
Email: steve.blackburn@ame-services.co.uk
Email: sblack1018@aol.com
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Sailing

Hollingworth Lake Water Activity Centre

Hollingworth Lake Water Activity Centre offer a variety of watersports including sailing, kayaking, canoeing, powerboating and windsurfing as well as outdoor activities including rock climbing and mountain biking.

Contact: Gary Butler
Tel: 01706 370499
Email: holwac@link4life.org
Website: www.link4life.org/holwac
Member Category: Adults & Juniors

Follow this link to the [Hollingworth Lake Water Activity Centre](#) section.

Hollingworth Lake Water Activity Centre

Since 1989 Hollingworth Lake Water Activity Centre has offered quality tuition in outdoor activities. This provision has been available to schools, youth groups and the general public, continuing the proud tradition of water based activities on Hollingworth Lake including

sailing, kayaking, canoeing, powerboating and windsurfing as well as outdoor activities including rock climbing and mountain biking.

Hollingworth Lake is a 130-acre (53 ha) reservoir in the Hollingworth area of Littleborough - part of the Metropolitan Borough of Rochdale. The lake was originally built as the main water source for the Rochdale Canal, but developed as a tourist resort from the 1860s, and became known as the Weighver's Seaport.

For further details about Hollingworth Lake follow this link to [Wikipedia](#).

Skateboarding

Rochdale Skates

Contact: Carole Moore
Email: carol@backdoormusicproject.co.uk
Member Category: Adults & Juniors

Skiing

Ski Club of Manchester

Contact: Alan Brown
Tel: 01625 421080
Email: a.brown32@scm.org.uk
Website: www.scm.org.uk
Member Category: Juniors

Squash

Rochdale Squash Club

Tel: 01706 666666
Member Category: Adults & Juniors

Swimming

Aqua Main Sub Aqua

Contact: Dave Scott
Member Category: Adults & Juniors

Castleton SC

Contact: Chris Taylor
Tel: 01706 632670
Mobile: 07837 281191
Email: chrisrodtaylor@btinternet.com

Member Category: Adults & Juniors

Middleton Amateurs

Contact: Cathie Murphy
Mobile: 07933 068708
Email: martin.murphy43@ntlworld.com
Member Category: Adults & Juniors

Rochdale Aqua Bears

Contact: Mark Crouch
Mobile: 07852 352128
Email: aquabearschiefcoach@yahoo.co.uk
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Rochdale Swimming Club

Contact: Edith Ford
Tel: 01706 373416
Email: dysonedie@talktalk.net
Member Category: Juniors
Accreditation: Working Towards

Tae Kwon Do

Balderstone Tae Kwon Do

Contact: None Available
Member Category: Adults & Juniors

Cobra Tae Kwon Do

Contact: None Available
Member Category: Adults & Juniors

Littleborough Tae Kwon Do

Contact: None Available
Member Category: Adults & Juniors

Ten Pin Bowling

Rochdale Vipers Disability

Contact: Dave Potter
Tel: 01706 926400

Mobile: 077759 84099
Email: info@rochdalegoalball.co.uk
Member Category: Adults & Juniors

Tennis

Alkington Tennis Club

Contact: Jean Day
Tel: 0161 654 8824
Email: bjandbjday@btinternet.com
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Silver

Bamford Tennis Club

Contact: Roger Ingham
Email: ringham32@yahoo.co.uk
Website: [Bamford Tennis Club](#)
Member Category: All ages
Accreditation: Working Towards

Middleton Tennis Club

Contact: Tony Pitts
Tel: 0161 628 8624
Mobile: 0770 8660953
Email: Anthony.Pitts3@ntlworld.com
Member Category: Juniors
Accreditation: Working Towards, Springboard Silver

Milnrow Tennis Club

Contact: Peter Tetlow
Mobile: 07889 340234
Email: iiwanttoplaytennis@myway.com
Member Category: Adults & Juniors
Accreditation: Clubmark, Springboard Gold

Rochdale Tennis Club

Contact: See mobile number & email address
Mobile: 07732 483262
Email: info@rochdaletennis.org.uk
Member Category: All ages
Accreditation: Not applicable
Website: www.rochdaletennis.org.uk

The Lancashire Health & Racquet Club

Tel: 0161 653 4567
Website: www.esporta.com
Member Category: Adults & Juniors

Trampolining

Rochdale Trampolining

Contact: Lisa Lee
Tel: 01706 661651
Mobile: 07920 401784
Email: tessa.lee63@live.co.uk
Member Category: Adults & Juniors
Accreditation: Working Towards, Springboard Silver

Triathlon

Rochdale Triathlon

Contact: John Jackson
Tel: 01706 365670
Mobile: 07986 194049
Website: www.rochdaletriclub.com
Member Category: Juniors
Accreditation: Clubmark, Springboard Gold

Volleyball

Rochdale Volleyball

Contact: John Cook
Member Category: Adults & Juniors

Windsurfing

Hollingworth Lake Water Activity Centre

Hollingworth Lake Water Activity Centre offer a variety of watersports including sailing, kayaking, canoeing, powerboating and windsurfing as well as outdoor activities including rock climbing and mountain biking.

Contact: Gary Butler
Tel: 01706 370499
Email: holwac@link4life.org
Website: www.link4life.org/holwac
Member Category: Adults & Juniors

Follow this link to the [Hollingworth Lake Water Activity Centre](#) section.

West Pennine Sailboard Club

Contact: John Lymer
Mobile: 07768 006224
Website: www.wpsc.org.uk
Member Category: Adults & Juniors