

Wheelchair Sports Medley

1 March 2017

Hopwood Hall College



Purpose of event is to identify and encourage more disabled people in particular wheelchair users to have a go at the two sports Wheelchair Rugby League and Wheelchair Basketball. Rochdale has recently formed two new teams Rochdale Hornets Wheelchair Rugby League and Rochdale Raptors Wheelchair Basketball. We need more members and more support. Playing is good fun but there's also the opportunity to compete locally and nationally. The day will be delivered by qualified coaches with skills and good fun games.

Booking

Event is free and you will be supplied with a wheelchair.

We are limited to 20 spaces for each sport and age category so book quickly by contacting graeme.hill@link4life.org

Venue Address

Sports Arena
Hopwood Hall College,
Rochdale Road,
Middleton,
M24 6XH

Schedule		
Sport	Age	Time
Wheelchair Basketball	14 – 16 years old	9.30 – 10.45
Wheelchair Basketball	17 – 19 years old	11.00 – 12.00
Wheelchair Rugby League	14 – 16 years old	13.00pm - 14.30
Wheelchair Rugby League	17 – 19 years old	14.45 – 16:00

Please turn up at the time stated on the schedule. If you're late you won't get a wheelchair

Mobility

If you use a slider board for transfers can you bring it with you. We'll also have a mobility hoist but please bring your own sling. We have trained people to assist with moving and assisting

FAQ's

Do I have to bring my own wheelchair?

No we will have sports wheelchair of varying sizes however if you have your own sports chair you are welcome to use it on the day

Can both males and females play?

Yes we are particularly keen for more females to play

Do I have to be a wheelchair user?

No...but we are very keen for more wheelchair users to participate in the sports

Do I have to know how to use a wheelchair?

No...you will get some basic tuition

Will I be scored or criticised?

Absolutely not....this is an introduction and opportunity to see if you are interested in the sports

Will I need gloves?

Gloves are not essential but you can wear them

If you would like more information please contact Link4Life Disability Programme Manager graeme.hill@link4life.org or 01706 926203